



SYNERGISTIC CONVERGENCES: COMBINING PSYCHOANALYTIC, COGNITIVE-BEHAVIORAL, SYSTEMIC, AND EXPERIENTIAL PERSPECTIVES IN A COHERENT CLINICAL AND THEORETICAL MODEL

PAUL WACHTEL, PH.D.

SATURDAY, NOVEMBER 9, 2013
8:30 A.M. – 3:45 P.M.
SHERATON DETROIT NOVI HILTON
NOVI, MICHIGAN

Earlier versions of psychoanalytic thought and of cognitive-behavioral therapy were formulated in ways that presented serious obstacles to meaningful, coherent integration; newer versions provide opportunity for synergistic and logically consistent combinations. These new developments in each approach are often only sketchily understood by proponents of the “other” orientation, leading to continued caricaturing of each other and, even more important, to missed opportunities for more effective clinical work. The conference is aimed at practitioners of all orientations, and seeks to provide each with a better understanding of other approaches to clinical work and a better conceptual foundation for integrating cognitive-behavioral and psychodynamic approaches.

Paul L. Wachtel, Ph.D. is CUNY Distinguished Professor in the doctoral program in clinical psychology at City College and the CUNY Graduate Center. He is the author, among many books, of *Psychoanalysis, Behavior Therapy, and the Relational World* (1997); *Relational Theory and the Practice of Psychotherapy* (2008); and *Therapeutic Communication* (2011). He has been selected for the Hans H. Strupp Award for psychoanalytic writing, teaching, and research; the Distinguished Psychologist Award of Division 29 (Psychotherapy) of American Psychological Association (APA) and the Scholarship and Research Award, Division 39 (Psychoanalysis) of APA.

SOCIAL WORKERS: The Michigan Psychoanalytic Council is an approved provider with the Michigan Social Work Continuing Education Collaborative. CEUs will be awarded.

Continental breakfast and “Flavors of the Mediterranean” buffet lunch included.

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