

MPC Program in Relational Psychoanalytic Psychotherapy

One year Training Program for Therapists

In Contemporary Psychoanalytic Theory, the focus of analytic inquiry has shifted from a one-person intrapsychic conflict model to a two-person model in which conflict, desire and personal growth are understood to develop in the context of relationships and the social world. Influenced by postmodern critiques of the bounded self, as well as feminist theory, complex systems theory, and attachment theory, the “relational turn” in psychoanalysis has led to innovative clinical approaches and new theoretical perspectives including the Relational, Interpersonal, Intersubjective, and Self Psychological schools of thought. This Psychotherapy Program is designed to give experienced clinicians the opportunity to learn to think and practice from these relational perspectives.

Program Requirements

Courses

Relational Psychoanalytic Theory

Core Concepts in Relational Technique

Relational Psychoanalytic Practices Across Contexts and Modalities

Case Conference

There will be three case conferences held on Saturday afternoons for three hours.

The case conferences will consist of student case presentations, prepared with the help of a supervising faculty member, followed by general discussion.

Supervision (optional)

Faculty members will offer private supervision at a reduced rate to students in the program

Schedule

The three didactic courses will be offered in sequence with each class lasting for 10 weeks. The classes will be held on Thursday evening from 7PM - 8:30PM. The Fall class will begin on September 26 and end on December 12 (there will be no class during the week of Thanksgiving). The Winter class will begin on January 9 and end on March 13. The Spring class will begin on March 27 and end on May 29. The Case Conferences are scheduled to meet on November 9, February 8, and April 12. All classes will meet in Ann Arbor, at the private practice offices of the faculty.

Course Descriptions

Relational Psychoanalytic Theory

This course will provide a foundation in Relational Psychoanalytic Theory and its use in clinical practice. A brief evolution of psychoanalytic theory will be presented as a context for the contemporary shift to relational approaches. We will explore the major relational schools of thought including Interpersonal, Self Psychological, Intersubjective, and American Relational theories, and bring these ideas to life through the discussion of clinical material.

Core Concepts in Relational Technique

This course will build on the principles of Relational Theory to examine the complexity of the clinical exchange in greater depth. We will explore concepts such as empathy, mutual influence, enactments, multiple self states, and implicit relational knowing. Through discussion of detailed clinical interchanges, we will look at how the emotional milieu of the treatment relationship reflects and transforms the emotional lives of the participants.

Relational Psychoanalytic Practices Across Contexts and Modalities

This course will explore how relational psychoanalytic concepts can be applied to other clinical practice settings, such as community mental health clinics, hospital programs and school-based counseling programs. We will also discuss other modalities including couples treatment, group work, family counseling, and organizational consultation. We will share clinical examples, discuss published case studies, and consider examples of community-based programs.

Faculty

Maria L. Slowiaczek, Ph.D., Program Coordinator is a Training and Supervising Analyst at the Michigan Psychoanalytic Council. She taught and supervised graduate students at the University of Michigan Psychological Clinic for over 10 years. Currently, she is in full time private practice in psychoanalysis, psychotherapy and supervision in Ann Arbor. Dr. Slowiaczek is actively involved in the International Association of Psychoanalytic Self Psychology where she is an elected member of the Governing Council, a member of the Advisory Board and the Chair of several committees. She has presented papers nationally and internationally on dissociative disorders, implicit affect and self psychology.

Julia E. Davies, Ph.D. is a Training and Supervising Analyst at the Michigan Psychoanalytic Council, and a Faculty Member of the National Institute for the Psychotherapies' National Training Program in Contemporary Psychoanalysis in New York. She has been in private practice in psychoanalysis, psychotherapy, and supervision in Ann Arbor for over twenty years. Dr. Davies has published and presented nationally and internationally on topics such as the development of healthy interpersonal desire, cultural and class dimensions of therapeutic connection, and the development of personal authority.

Jane Hassinger, MSW, DCSW is a Clinical Social Worker and a Training and Supervising Analyst at the Michigan Psychoanalytic Council. She has provided psychotherapy to adults, couples, families, and groups for over 30 years. She is on the faculty of the University of Michigan where she teaches and engages in research focused on trauma, women's reproductive health, and women's mental health in the United States and in Africa. Her psychoanalytic scholarship has emphasized issues of "othering," stigmatized identities, and the contributions of artistic/creative activity to the process of psychological healing.

Admission Requirements

This program is open to all mental health practitioners who hold an advanced degree in a Mental Health field. Previous experience in psychoanalytic psychotherapy is not required.

Application deadline: July 15, 2013.

Tuition: \$750 payable at the beginning of the Fall course.

For further information, please contact Dr. Maria Slowiaczek, Program Coordinator at MLSlowiaczek@gmail.com

Download Application Form from the Home page of the MPC Website.

CE CREDIT HOURS AVAILABLE**SOCIAL WORKERS:**

The Michigan Psychoanalytic Council is an approved provider with the Michigan Social Work Continuing Education Collaborative.